



Monsters in My Closet



Monsters in your closet are those secret sins in your life that keep popping up that you can't seem to shake. God knows about them but only few or maybe no one else but you knows about it. It's tucked quietly away from our Christian friends and rarely comes up in our prayer time. We like to ignore it and hope God forgets about it if we are living for Him in other areas.

So what's the big deal if I keep a monster in my closet?

- 1. The monster is always BIG no matter what you think. (James 2:10)**
- 2. Monsters always interrupt your relationship with God and blind your eyes to his huge plans for your life. (Ephesians 4:17-24)**
- 3. You buy into cheap substitutes! (I Corinthians 3:1-15)**
- 4. Monsters short-circuit the communication lines to God. (Psalm 66:18)**
- 5. Monsters will eventually destroy your relationship with God, friendships, goals, and dreams --- your life! (John 10:10)**

The BIG Question:

How do I kill the monster in my closet?

- 1. First identify your monster's DIET: (List those monsters that you know keep taking you down and what you are feeding them that keeps them alive. What are you feeding lust and sexual sins, cursing, alcohol/drug, etc ?)**

- 2. Second, ADMIT them to God and ask for his forgiveness. (I John 1:9)**
- 3. Third, ***STOP FEEDING THE MONSTER!!!*** And it will starve to death.**

Spiritual Slimfast for the Monster of Secret Sin:

Start feeding your Spirit (1 Peter 2:2-3)

- **Plant to the spirit things that will cause the spirit to grow**
- **Starve the flesh from things that will cause the old life to grow (Galatians 6:7-8)**
- **Put in a bouncer at the entrance of your thoughts. (Phil. 4:8 Colossians 3:1-3)**
- **Tune into Christian music and you will arm your spirit with your new life and arm your mind with scripture**
- **Make War on the Floor through prayer! Hebrews 4:16 1 Thes 5:17 Romans 8:26 Ephesians 6:18-20.**
- **Get accountability from a strong Christian friend who has the right to get in your face. Someone who is not weak where you are weak.**
- **Pray that God will let you see sin the way he does. Romans 12:9**

God has given you the power to defeat your secret sin. The question is: Is secret sin a monster that you want to kill or a pet that you want to keep?

